

Cornerstone



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Summer 2009

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6th Annual Mountain Shadows Club 100 Marathon Golf Tournament a Huge Success

“What other people may find in poetry or art museums, I find in the flight of a good drive.”

—ARNOLD PALMER

Golfers representing several prominent San Diego organizations joined us for our 6th Annual Golf Marathon and the flight in their drives not only inspired, but will help MSF continue to provide the highest quality of care for our residents.

On June 8th, MSF reserved all 27 holes of the Oaks North Golf Course in Rancho Bernardo for our premiere fundraising event of the year. Oaks North Golf Course is recognized as one of the top-rated Executive Golf experiences in California. Players enjoyed lush fairways and true greens on the meticulously maintained course lined with oak trees and water features. “It was a really beautiful day,” says Fred Lindahl, Development Coordinator/Residential Program Administrator, MSF/MSCH. “There was a slight breeze, so it wasn’t too warm. All of the golfers had a blast.”

Our Annual Tournament raises funds that directly benefit over 250 individuals with developmental disabilities living in our homes in North San Diego, Riverside and San Bernardino Counties. The “marathon” format allowed participants to play 100 holes at their own pace while enjoying the many benefits provided by the Mountain Shadows Foundation event.

Organizations participating in this year’s event included: the Escondido

(Please see MARATHON on page 2)



Children’s Dental Health Association team – L to R: Jim Steckbeck, Any Ceccarelli and Giff Asimos

MARATHON *(continued from page 1)*

Children's Museum, represented by Steve Kildoo and Kirk Elfinger; Santa Fe Christian School in Solana Beach, represented by Chad Bickley and Nick Ruscetta; and the Children's Dental Health Association of San Diego, represented by Andy Ceccarelli, Jim Steckbeck and Giff Afimos. The Mountain Shadows Foundation team included Fred Lindahl, Wade Wilde, Executive Director, MSF/MSSG, and Stacy Sullivan, Director of Operations, MSSG.

"Players received many rewards for participating in the tournament," says Fred. "On June 7th, the evening before the tournament, players were treated to a gourmet dinner at the Ranch Bernardo Inn. Everyone enjoyed dining outside with amazing views of the golf course. The meal was fantastic, there was good conversation, and everyone just enjoyed talking and getting to know one another.

"Golfers were also provided with a deluxe room for two at the Rancho Bernardo Inn on the night before the tournament. The accommodations were wonderful, with rooms that had magnificent views of the golf course.

"On Monday morning, the day of the tournament, golfers were treated to a continental breakfast. Once at the Oaks North Golf Course, all participants checked in and were given tee bags stamped with the Mountain Shadows Club 100 logo and filled with gifts, including a polo shirt, a t-shirt, golf balls and a baseball cap. Then, at 7:00 a.m. sharp, all of the players teed off in a shot-

gun start.

"Golfers were treated to a tasty lunch at noon. While the players were eating and relaxing, the true stars of the day arrived – Mountain Shadows Community Homes residents Cathy Arom, Brian Cook, and Kenny Lewis. The golfers got to meet and talk with the

residents. Everyone really enjoyed it!

"Sonja Fredrick, a massage therapist from the School of Healing Arts, was also on hand to give interested golfers a massage. Sonja specializes in sports massage and gave several of the golfers massages to help with prob-

lem knees – it was great! She also gave resident Cathy Arom a massage. Cathy raved about the massage for two days.

"A Putting Contest was held after lunch. A \$10,000 booty was offered to any who could get a hole-in-one. The contest was overseen by Lloyd Porter, the Oaks North Head Golf Professional. Andy Ceccarelli won the opportunity to try for the hole-in-one – and he came SO close! Unfortunately, he didn't make it, but, because he won the chance to try, he was awarded a beautiful Taylor Made Wedge.

"All of the golfers finished all 100 holes by 6:50 p.m. Hungry golfers were provided a delicious dinner from Rubio's after the day on the course.

"We are so grateful for the generous donations of the golfers time and the pledges of the sponsors. Despite the economic downturn, our supporters came through and we raised much needed funds for our residents. Participating organizations benefited too through our Win/Win program, with all monies they raised being split 50/50 between MSF and their organization."

Our heartfelt thanks to our major contributors:

- Robert Chakarian and Mary O'Connor, sponsors of the Children's Dental Health Association of San Diego
- Steve Cassidy, supporter of the Santa Fe Christian School in Solana Beach
- Erick Altona, sponsor of the Escondido Children's Museum

Our gratitude to all who helped make the 6th Annual Mountain Shadows Club 100 Marathon Golf Tournament a success.



Putting Contest: Chad Bickley tries to sink a putt

(Please see MARATHON on page 10)

You Can Help Our Special Kids!

As many of you know, the mission of Mountain Shadows Foundation is to secure monies, gifts, and assets for our permanent use in the support of persons with developmental disabilities who reside at and receive services from Mountain Shadows Community Homes and Mountain Shadows Special Kids Homes. Here is a little information about the organizations we serve:

Mountain Shadows Special Kids Homes

Mountain Shadows Special Kids Homes has 13 residential homes in Riverside and San Bernardino Counties. Each home is licensed by the California Department of Health Services as an Intermediate Care Facility for the Developmentally Disabled – Nursing (ICF/ DD-N). Our highly trained staff members, consisting of Direct Care Staff, LVN's, RN's, and on-call physicians provide tube feedings, ostomy care, oxygen therapy, apnea treatment, daily nursing assessments, and medication administration to our residents.

The mission of MSSKH is to promote optimal health, development, and independence for medically fragile individuals, with or at risk for developmental disabilities, in homes within the community, through exceptional nursing and supportive services by a nurturing team of professionals.

Mountain Shadows Community Homes

Nestled in the foothills of San Diego's North County, Mountain Shadows Community Homes is comprised of eighteen individually licensed homes for the developmentally disabled (Intermediate Care Facility for the Developmentally Disabled – Habilitative ICF DD/H). Sixteen of our homes are situated on five sprawling acres located in Escondido; the remaining two community-based homes are located in the heart of San Marcos. Each home is designed to foster a family environment to encourage the growth and independence of our residents.

The mission of Mountain Shadows Community Homes is to provide the best possible environment for our residents to achieve maximum independence and improved self-esteem through the superior habilitation, training, and support systems we offer.

Here's How You Can Help

There are many ways you can help enrich the lives

of our disabled residents. Here are a few of the events scheduled for 2009:

17th Annual MSF Fall Classic Golf Tournament

The Annual MSF Fall Classic Golf Tournament is our main fundraising event of the year. Past Golf Tournaments were held at such premier courses as the Maderas Golf Club, The Crosby, and Bernardo Heights Country Club. This all day event starts with lunch and goodies, moves on to golfing and winds down with live entertainment, raffles, and an auction. See the enclosed article about last year's exciting event. Call Fred Lindahl in San Diego County at 760.743.3714 X382 or Shelly Dawson in Riverside County at 951.795-6776 to register or for more details.

Send Us Your Favorite Recipes

MSSK and MSCH will publish a "Favorite Recipes Cookbook" this year in order to raise needed funds to help our children. Says Shelly Dawson, Placement/ Development Coordinator, MSF/MSSK, "We need your tried and true recipes in order to make this cookbook a success! We need recipes for main dishes, side dishes, desserts and drinks too. You can send in all of your favorite recipes – there is no limit." Please submit your recipes as soon as possible to Shelly Dawson, phone: 951-795-6776, fax: 951-795-0594, email: sdawson@MtnShadows.org.

Send Us Your Donations

MSSK is in need of the following donations of household furniture: Couches and loveseats for 4 of our homes, several dressers for children's bedrooms, and 5 hospital beds.

Monetary donations are also always needed to cover the cost of medical supplies and equipment for our residents that are not covered by Medi-Cal. Funds are also needed to pay for special outings, educational games, arts and crafts, clothing and shoes for the children. To make donations, please contact Shelly Dawson, phone: 951-795-6776, fax: 951-795-0594, email: sdawson@MtnShadows.org.

Our thanks go out to all of you for your continued support! ■

Golfers Hit the Sweet Spot, Raising Over \$32,000 for Mountain Shadows Residents

The 16th Annual Mountain Shadows Foundation Fall Classic Golf Tournament was held at the Maderas Golf Club in Poway on Friday, October 24th, 2008. “The event was a great success,” says Shelly Dawson, Development Coordinator, MSF/MSSKH. A total of 99 golfers participated in what has become Mountain Shadows premiere fundraising event.

Registration began at 10:30 a.m. “As golfers checked in, they were given all kinds of incredible goodies,” says Shelly. Perks for golfers included a convenient tee bag filled with an assortment of golfing necessities such as golf balls, t-shirts, vitamin water, sunscreen, fans – everything needed for a day on the course! All golfers received a coveted MSF sweatshirt too, which was, by unofficial tally, the 2nd most popular gift of the day.

What was the most treasured gift received by all? It was the opportunity to meet and interact with some of our Mountain Shadows residents. Says Fred Lindahl, Residential Program Administrator, “In years past, the tournament has centered solely on Mountain Shadows Community Homes, our residential program in San Diego’s North County. This year, for the first time, we wanted to broaden our focus to encompass all of Mountain Shadows Support Group, which includes MSCH, Mountain Shadows Special Kids Homes, our residential program in Riverside and Moreno Valley, and Mountain Shadows Outreach, our day program located in San Marcos. Golfers were delighted to meet residents from MS Outreach during registration. Then, they were able to interact with MSCH residents during the Awards



Janet Roberts (MSCH Human Resources Manager), Sherry Robinet and Anya Klingsmith (MSCH Receptionist) are ready to check in the golfers.

Dinner and, also during the ceremonies, they were introduced to several Mountain Shadows Special Kids Homes residents via a heartwarming video, created by Ashley Schmidt. It was a great way for everyone to see all of the phases of what we do.”

Lunch was provided for golfers prior to the 1:00 p.m. Shotgun Start. “Da Kine restaurant prepared and served a delicious Hawaiian-style lunch,” says Shelly. Following lunch, “the golfers were off to a full day of golf!” Our sincere gratitude goes out to our Magnificent Seven Golden Flight Returning Golfers: Terry Trax, Jerry Butcher, Don Vonk, Dan Marrs, Dutch Perry, Dick Marrs, and Chris Meacham. These devoted and extraordinarily loyal golfers have played in the Mountain Shadows tournament for 16 consecutive years!

Adds Shelly, “All golfers had the opportunity to win \$25,000 if they hit a hole-in-one at designated holes. Unfortunately, no one won this year – though several golfers came very close!”

After a pleasant day on the course, golfers were invited to celebrate the day’s achievements at a fabulous Awards Dinner. “Our Guest Emcee was Kimberly King, two-time Emmy Award winning host of lifestyle programs such as *Streetside San Diego*, *Life Moments*, *NBC 7/39’s International Auto Show* and many others. She did a wonderful job and was very entertaining,” said Shelly.”

During the ceremonies, guests were stirred by the music of Voices of Prayze, an inspirational gospel choir.



Golfers enjoy the beautiful course at Maderas Golf Club in Poway, California.

Please see GOLF on page 5

■ GOLF *(continued from page 4)*

The choir's uplifting repertoire of heartfelt songs moved the audience's spirits – and their feet! Jeff Marcus, of Alakazam Magic, captivated all with amazing, reality-defying illusions and slight-of-hand trickery. Jeff has been performing for more than 40 years throughout the U.S. and abroad.

Doug and Linda Cook were also honored with a special presentation for their many years of dedication in building and preserving Mountain Shadows for all who call it home. Doug recently retired from his position as Executive Director of the Mountain Shadows Foundation. "Doug and Linda have worked tirelessly to advocate on behalf of individuals with developmental disabilities for many years," says Fred, who presented the Cook's with a personalized clock to commemorate the occasion. "Their unwavering support of Mountain Shadows over the past 22 years has set the benchmark for all others who follow." Our deepest thanks and best wishes to Doug and Linda as they move on to new adventures.

Dinner attendees also bid on a remarkable selection of Auction items. An exotic trip to Puerto Vallarta, a day as SWAT Cop, backstage passes and concert tickets to see Jason Mraz, and a framed and autographed LaDanian Tomlinson jersey were just a few of the highly sought-after items.

"The Awards Dinner went very well," says Fred. "The food was great and everyone had a wonderful time. We also received a surprise, anonymous donation of \$5,000 during the dinner portion of the event!!! Many, many thanks to our secret donor for this unbelievably generous gift!"



Mountain Shadows Residents attending the dinner are, L-R: Harry, Mark, Karen, Tom, Debbie.

Our appreciation goes out to the many individuals and companies who volunteered their time or provided donations: Tournament Sponsors, Mountain View Services and Union Bank of California; Associate Sponsors, TSSI Pharmacy and Ron's Pharmacy; Social Hour Sponsor, Charlie M.; Tee Sponsors; Tee Bag, Raffle Prize and Auction item Donators. Special recognition goes to our Fall Classic Committee members as well for putting together this exceptional event!

Thanks to all of you, more than \$32,000 was raised from this year's event. These funds will be used to support those persons with developmental disabilities who reside at and receive services from MSCH, MSSKH, and MSOS. Thanks to all for your part in helping us to ensure our residents are given full opportunity to achieve their maximum potential.

We hope to see you all at the 17th Annual Mountain Shadows Foundation Fall Classic Golf Tournament in 2009! ■



Golfers participate in the Putting Challenge with a chance to win \$10,000!



Doug & Linda Cook receive special recognition from Shelly Dawson, Mountain Shadows Foundation.

Spotlight on Dennis Johnson: Mountain Shadows Special Kids Volunteer

“The way you measure success is by how many people you bless.”

—UNKNOWN

“At first, Dennis just didn’t get it. He couldn’t understand why I spent so much time at Mountain Shadows Special Kids Homes,” says Mahagandy Dennis, LVNC, MSSK. “Then he volunteered to help out at Maggie Marsh House – and now he understands!”

Dennis, an industrial electrician, and all around handyman, first volunteered at MSSK several months ago. Once he met our Special Kids, he was hooked. “One of my favorite projects was painting accent walls in Maggie Marsh House,” says Dennis. “The house was all white and looked kind of drab. I decided to add a little color on several walls to give the rooms more soul and life. We added a new picture frame and put up colorful new window dressings. When the kids and staff saw what I’d done, they said ‘Wow!’ They really loved it.

“The best part was meeting the kids. They, and the staff, watched everything I did. I’d wave to them while I was working. I really enjoyed it and I think the children even had fun watching the paint dry!”

“Dennis is a perfectionist,” adds Mahagandy. “He doesn’t do anything half way. I think everyone was a little surprised at how well the project turned out – and after he met our kids – Dennis wanted to do more!”

“I think my favorite project so far was building new shelving in Lindley Lane House,” says Dennis. “They have converted the garage into an office. Before I came, they stacked all their file boxes into a closet. It was difficult to access the files they wanted and was unorganized. I built 5 shelving units and now all the files are stacked neatly on the shelves. It looks really, really nice and makes it easier for everyone to find what they want.”

“Dennis also reprogrammed the sprinkler systems at many of the houses in Moreno Valley and Riverside,” adds Mahagandy. “The sprinklers were running 7 days a week for 15 minutes each morning,” says Dennis. “It was wasting a lot of water. I’ve set the sprinklers to run half of that time. It saves water and still keeps the grass and landscaping green and beautiful.”



Dennis Johnson and his daughter

“Outside of work, Dennis loves to eat!” says Mahagandy. He also loves to cook. “I used to watch my mother and aunts cooking for hours in the kitchen. I remember the wonderful smells and great dishes they made. Because of that influence, I love cooking, especially Italian and Mexican dishes. My specialties are seafood alfredo and chicken and sour cream enchiladas.”

“Dennis is a HUGE Laker’s fan,” says Mahagandy. “He was ecstatic when the Laker’s won the championship this year. Dennis also loves to travel. His brother is a pilot and his sister is a flight attendant. He’s been so many places – Spain, Italy, Rome, Hawaii.”

“My brother and I travel a lot at a moment’s notice,” adds Dennis. “We pick a destination a couple weeks in advance and then just jump on the plane and go! I’ve been to Paraguay, Uruguay, Argentina, France, and many other places. My favorite country is Italy. The history and culture are so rich, the people are so friendly, and the food is great.

“My brother has been a big influence in my life. As I was growing up, I saw how dedicated he was to achieving his goals. He wanted to be a pilot since he was a young boy. He was very focused on that goal. Through his drive and ambition, he achieved his dream and became a pilot. He taught me to always go after what I wanted.”

Please see VOLUNTEER on page 7

Safety and Functionality Improve with Miramar House Remodel

Mountain Shadows Special Kids Homes recently remodeled Miramar House's bathroom in order to provide access to a broader base of residents. The improvements, which include a roll-in shower for easy wheelchair access and installation of a Hoyer Lift, will also enhance safety for both residents and staff members.

"Mountain Shadows Special Kids Homes has many residents that have lived in our Houses for many years," says Shelly Dawson, Placement/Development Coordinator, MSF/MSSK. "Many of our babies and children have grown into young adults. As the residents grew, the need for larger bathroom facilities became apparent. The bathroom in Miramar House was the same as an average-sized, residential bathroom, and included a tub/shower, a sink, a cabinet and a toilet."

In order to accommodate our residents' needs, contractor Vince Rousel was brought in to oversee the remodel. "The contractors really did a great job," says Tiana Gonzales, former QMRP/Administrator at Miramar House.

"They knocked out one wall, nearly tripling the size of the bathroom. A full-size, wheelchair-accessible, roll-in shower was installed, new tile was added and the room was freshly painted."

Adds Duane Dahlin, QMRP at Miramar House, "The remodel worked out very well. The residents can now roll in and out of the shower with no problem. There

are now two separate entry ways and there's improved privacy for the residents. The Hoyer Lift allows our staff to move residents safely, without a struggle."

"Miramar House now has a big, beautiful bathroom," adds Shelly. "The children and staff are already benefiting from the improvements. The children have more room and are more comfortable during daily showers and less strenuous lifting is required from the staff. The remodel was just one of the many steps we at Mountain Shadows Special Kids Homes take to ensure the highest quality of care for all of our residents." ■



■ VOLUNTEER *(continued from page 6)*

While Dennis enjoys cooking and traveling, it was the birth of his daughter, McKinley, that had the most impact on his life. "She really changed the playing field," says Dennis. "We spend a lot of time together. McKinley loves swimming, so we take the train to the beach all the time. She loves running through the waves. I enjoy watching the progress she makes each year.

"McKinley completely redirected my life, my focus, my goals. She made me realize there's more to life than me. I want to help her have the best life possible."

Giving our children the best life possible – that is a goal we all share at Mountain Shadows Special Kids Homes. The dedicated and caring work of vol-

unteers like Dennis helps us to realize this dream for the children we serve and love.

If we are defined by the blessings we bestow upon others, we believe Dennis Johnson is well on the road to success. Thank you, Dennis, for sharing your huge heart, your kind spirit, and your exceptional talents, with our very Special Kids.

"There's more to life than me."

—DENNIS JOHNSON

Mountain Shadows Special Kids Homes needs volunteers! If you would like to help with activities, special events, landscaping, painting, carpentry, sewing, etc., please email Wade Wilde at wwilde@mtnshadows.org. Thank you! ■

An Oasis is Uncovered at Darlene House

Oasis Community Church in Moreno Valley, California, fosters the belief that “Every Member is a Ministry.” The Church’s hope is that every member will find a way to use the gifts or abilities they have been given by God to minister to or to serve others within the church and within the community around them.

Ruth Hill, MSSK Registered Mirse and Oasis Church member, says, “Our Church encourages community involvement and members serve the community in many ways.” As part of carrying out this mission, the Church supports two international projects: Gabriel House, a special home for handicapped children in Mexico and Nyamuhu Gladys Kobogo, a missionary in Kenya who is committed to spreading Gospel and improving the quality of life for Kenya’s poor.”

In addition, the Church has been involved with the creation of neighborhood watch groups and they host an annual Thanksgiving dinner attended by hundreds of their neighbors. Adds Ruth, “Locally we are involved with community projects for the homeless, and we volunteer to help with projects like cleaning bike paths or school grounds. We try to help wherever we are needed.”

MSSK’s Darlene House recently benefitted from the Church’s spirit of giving. “Darlene House sits on about a half acre of property. The backyard was basically filled with tumbleweeds, dangerous overgrowth of trees hanging over sidewalks, and paint chips falling off of the fence. It wasn’t a good or safe atmosphere for our kids,” says Ruth.

“Several families and Church members volunteered to help clean-up the property,” says Shelly Dawson, Placement/Development Coordinator, MSF/MSSK. “Darlene’s House has a large backyard that needed a little touch-up and clean-up. The volunteers brought their



Volunteers helping with yard work at Darlene House

own equipment, shovels, rakes and weed-wackers.

“The volunteers really worked hard and made the Darlene House backyard look bright and new again!”

“Several children came with the families that volunteered,” says Ruth. “They helped out in the yard, then, later, they went into the front yard and played with the Darlene House residents. They gave the residents rides in a wheelchair, danced and sang – everyone really had a great time.”

The motto and vision at Oasis Church is to “Lead People to Living Waters.” According to their website, this means the Church’s purpose is to help members connect to God, the One who can create within them an Oasis of “Living Waters,” an Oasis of love, joy, peace and hope.

Thanks to the volunteers who generously helped with the clean-up, our residents now have their very own Oasis right in the backyard of Darlene House.

“The best way for us to measure gratitude in our lives is to ask ourselves how giving we are of the gifts that we have received. The more you and I truly believe that all we have is a gift from God and are truly grateful for that gift, the more we will open our hearts to be giving towards the needs of others; and the more we give out of a gratitude for all that God has given us, the more I believe God will fill our hearts with gladness ...”

**—PASTOR AL BREEMS,
OASIS COMMUNITY CHURCH**

Our heartfelt gratitude goes out to all of the volunteers from Oasis Community Church. You have filled our hearts with gladness through your gift of helping to create this special Oasis for our children. ■



Volunteers painting a fence in the back yard of Darlene House

Register for Albertsons Community Partners Program and Help Mountain Shadows



Here's an easy way for you to help the residents of Mountain Shadows – just shop at Albertsons!

Mountain Shadows Support Group has become a member of the Albertsons Community Partners program, which allows shoppers to earn money for their favorite non-profit organizations. All you need to do is shop – and Albertsons will contribute up to 4% of the sale to Mountain Shadows. We'd call that a Win/Win!!! Contributions are linked to your Albertsons Preferred Savings Card.

Here's what you can do now to earn money for our Mountain Shadows children – just by buying groceries:

1. If you don't have one already, get an Albertsons Preferred Savings Card at any participating Albertsons store. You'll save money on your purchases AND Albertsons will donate a portion of the sale to Mountain Shadows Support Group.
2. Register in the Community Partners program with your Preferred Savings Card by calling 1-877-932-7948. Just ask to speak with a representative and let them know you would like to link your Preferred Savings Card to Mountain Shadows Support Group's Community Partners ID number **49001020865**.
3. When you shop at Albertsons, have the cashier scan your Preferred Savings Card at check-out.

You can shop at any participating Albertsons in the U.S.

It's that easy!

Once your Preferred Savings Card is scanned by the cashier, Albertsons will tally all eligible purchases and calculate the amount of the contribution they will make to MSSG. Albertsons will issue a check to MSSG each quarter for all donations earned. Excluded items include prescriptions, alcohol, tobacco, fuel, stamps, money orders, lottery tickets, sporting and event tickets, electronic gift cards and gift certificates. The contribution amount is calculated after all sale discounts, coupons and sales taxes are applied.

Please note that although customers can use their telephone number as an alternative to the Preferred Savings Card number at check-out, a Preferred Savings Card number *is* required for Community Partners registration. The Preferred Savings Card must be scanned to link the purchase to the Community Partners ID number.

You can select up to four organizations to support at the same time, allocating a percentage to each organization.

Please take a moment to register now and help our Mountain Shadows residents.

Good shopping to all! ■

Website Update

The Mountain Shadows Foundation website has been updated and now has credit card donation capabilities in addition to lots of useful information and pictures. Check it out at: www.mountainshadowsfoundation.org.



■ MARATHON *(continued from page 2)*

Many thanks all who helped make this event a success:

- Doug Cook, without whom there would be no Mountain Shadows Community Homes, and who continues to relentlessly and avidly support and promote MSF/MSSG/MSSK and all of our residents
- Shelly Dawson, Development/Placement Coordinator, MSF/MSSK
- Donna Ponomarenko, Activity Director, MSCH
- Mary Lou Swarner and daughter, Carol, long-time Mountain Shadows Supporters
- Regina Roberts, Allie's Party Equipment & Rentals, Inc., for providing a generous discount on tables, umbrellas and linens
- All of the staff members at the Oaks North Golf

Course and the Rancho Bernardo Inn

- Kristy and Jagger, radio hosts at 92.5 Magic radio station
- Shanna Schwarze, Morning Producer at SDCW6 News TV

"How wonderful it is that nobody need wait a single moment before starting to improve the world."

—ANNE FRANK

Our gratitude to all who helped make the 6th Annual Mountain Shadows Club 100 Marathon Golf Tournament a success. Your generous support will aid us in our drive to help make our residents' dreams take flight – and improve their world today. ■

MOUNTAIN SHADOWS FOUNDATION



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www.mountainshadowsfoundation.org

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